

# Map of Consciousness

Developed by Dr. David R. Hawkins

	LEVEL NAME	LIGHT QUOTIENT	EMOTION	LIFE VIEW	GOD VIEW	PROCESS
POWER	<b>ENLIGHTENMENT</b>	700 - 1000	INEFFABLE	IS	SELF	PURE CONSCIOUSNESS
	<b>PEACE</b>	600	BLISS	PERFECT	ALL-BEING	ILLUMINATION
	<b>JOY</b>	540	SERENITY	COMPLETE	ONE	TRANSFIGURATION
	<b>LOVE</b>	500	REVERENCE	BENIGN	LOVING	REVELATION
	<b>REASON</b>	400	UNDERSTANDING	MEANINGFUL	WISE	ABSTRACTION
	<b>ACCEPTANCE</b>	350	FORGIVENESS	HARMONIOUS	MERCIFUL	TRANSCENDENCE
	<b>WILLINGNESS</b>	310	OPTIMISM	HOPEFUL	INSPIRING	INTENTION
	<b>NEUTRALITY</b>	250	TRUST	SATISFACTORY	ENABLING	RELEASE
	<b>COURAGE</b>	200	AFFIRMATION	FEASIBLE	PERMITTING	EMPOWERMENT
	<b>PRIDE</b>	175	SCORN	DEMANDING	INDIFFERENT	INFLATION
FORCE	<b>ANGER</b>	150	HATE	ANTAGONISTIC	VENGEFUL	AGGRESSION
	<b>DESIRE</b>	125	CRAVING	DISAPPOINTING	DENYING	ENSLAVEMENT
	<b>FEAR</b>	100	ANXIETY	FRIGHTENING	PUNITIVE	WITHDRAWAL
	<b>GRIEF</b>	75	REGRET	TRAGIC	DISDAINFUL	DESPONDENCY
	<b>APATHY</b>	50	DESPAIR	HOPELESS	CONDENMING	ABDICATION
	<b>GUILT</b>	30	BLAME	EVIL	VINDICTIVE	DESTRUCTION
	<b>SHAME</b>	20	HUMILIATION	MISERABLE	DESPISING	ELIMINATION